

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Alachua County School Board



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Pick a word of the day. Challenge family members to use it in a sentence. Make this a daily habit.
- 2. Take a walk with your child and use all five senses to observe the world around you.
- 3. Play math facts baseball. Quiz each other. A correct answer is a "base" hit.
- 4. Start a made-up story. "A man went down the road and he met a" Let your child finish the story.
- 5. How many words can your child make from the letters in OCTOBER?
- 6. Does your child know who to call in an emergency? Make a list and post it on your refrigerator. Practice what to say.
- 7. When your child shows you schoolwork, talk about things that are correct before noting what is wrong.
- 8. Download an audiobook from the library to listen to with your child.
- 9. Help your child find out what's inside a seed. Soak a dry bean overnight. Let your child remove its coat and pull the halves apart.
- 10. Have family members make a list of their strengths. Read them aloud. Add to one another's lists.
- 11. Ask your child, "What was the most interesting thing you learned today?"
- 12. Talk about fire safety. What should your child do in case of a fire?
- 13. Have a jump rope contest. See how many jumps you and your child can do in a row.
- 14. Let your child stay up 30 minutes past bedtime as a treat. The catch? The time must be spent reading!
- 15. Share family stories with your child. Ask relatives to share some, too.
- 16. Go for a walk or bike ride with your child today. Challenge each other to spot something you haven't seen before.
- 17. Help your child do something nice for someone else.
- 18. Talk with your child about why students who keep up with their schoolwork earn better grades.
- 19. Teach your child to defend against bullying by saying *no*, walking away from fights and telling an adult.
- 20. Watch the news with your child. Locate one place mentioned on a world map.
- 21. Talk about one of your favorite books. Ask about one of your child's.
- 22. Look for signs of fall: changing daylight, colored leaves, pumpkins, etc.
- 23. Review math facts with your child tonight.
- 24. Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
- 25. Turn off the lights and read books by flashlight with your child.
- 26. Let your child see you keep your temper when you are upset. Instead of yelling, calmly talk about how you feel.
- 27. It's Theodore Roosevelt's birthday. Help your child look up interesting facts about this president and protector of the environment.
- 28. Pick an interesting news article. Ask your child to read it to you while you prepare dinner.
- 29. Write an encouraging note to your child. Tuck it in a school notebook.
- 30. Encourage your child to draw a self-portrait.
- 31. Celebrate National Popcorn Poppin' Month. Pop some popcorn and curl up with some mystery books.