

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Alachua County School Board



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Ask your child, "If you could meet a famous person, who would it be?"
- 2. With your child, use your bodies to make shapes and letters.
- 3. Help your elementary schooler check out back-to-school sales ads. Look for the best buys.
- 4. Freeze fruit juices in ice cube trays to make popsicles. Enjoy them with your child.
- 5. Take a compass (or use a compass app on your phone) on a walk with your child. Write down each direction you take.
- 6. Help your child make a list of goals for the coming school year.
- 7. Start now to get your child into a school-year bedtime routine.
- 8. Ask what your child enjoyed most this summer.
- 9. Help your child make a list of items your family can recycle.
- 10. Talk about how excited you are for the start of a new school year. Your positive attitude will be contagious.
- 11. Do a crossword puzzle with your child today.
- 12. Make sure you and your child know where and when the school bus will stop.
- 13. Find a picture of Vincent van Gogh's artwork. Encourage your child to paint a landscape in van Gogh's style.
- 14. Play two different types of music. Ask your child to describe the feelings each one inspires.
- 15. Ask to hear about a book your child recently read.
- 16. Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.
- 17. Talk with your child about school bus safety.
- 18. Help your child clean out a closet. Pass on unused toys or clothes in good condition to other families.
- 19. Find a simple science experiment in a library book or online to do with your child today.
- 20. Serve your family a new food. Then have your child write and act out a commercial for it.
- 21. Encourage your child to reconnect with school friends.
- 22. Have your child give you examples of a complete sentence, an incomplete sentence and a run-on sentence.
- 23. Ask your child, "What is the most incredible thing that's ever happened to you?"
- 24. Discuss your family's fall routine. Make plans to eat at least one meal a day together.
- 25. Go for a reading picnic with your child. Take some books, a snack and a blanket to sit on.
- 26. Give your child a measuring tape. Ask your student to measure the height, width and depth of objects in your house.
- 27. Establish a positive organization habit. Help your child put out clothes for the next day the night before.
- 28. Think of a motivating quotation you love. Post it where your child will see it.
- 29. Help your child research a question you don't know the answer to.
- 30. Fall activities will soon begin. Avoid overscheduling your child. Remember, schoolwork comes first.
- 31. Fill a jar with jelly beans or other small items. Ask everyone to estimate how many are in the jar. Then have your child count them.